



## Deck of Calm



### Calm Club Self-help deck of cards.

- Deck of unique illustrated cards.
- 52 suggestions to achieve calm.
- 100% recyclable and plastic-free.

Your very own deck of pocket prompts ready to come to the rescue when life gets too much.

Full of handy tips, quick fixes and longer-term solutions for a calmer you. [See all of Calm Club](#)

An idea by Luckies of London made by Suck UK

**SUCK UK LTD**

<https://www.suck.uk.com/products/calm-club-self-help-cards/>

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Give someone an amazing gift, and you're telling them they mean something to you. That they're an important part of your life. That you care enough to bother finding something original that you know they'll love. And that puts a smile on their face. Finding that perfect gift feels amazing too. And that's what we're here for, to help you Give original.

[www.luckies.co.uk](http://www.luckies.co.uk)